



## 🚨 **URGENT: Leaking Legs, Infection & Cellulitis** – **What You Need to Know** 🚨

*(Bring this with you to your doctor, urgent care, or ER)*

---

### 💡 **What This Could Be:**

Fluid leaking from the legs may be a sign of:

- **Advanced Lymphedema** (a chronic condition where lymph fluid builds up)
  - **Lipedema with secondary Lymphedema** (common in women)
  - **Infection (Cellulitis)** – a **dangerous, fast-spreading bacterial infection**
  - Risk of **Sepsis** – a life-threatening emergency if infection spreads
- 

### 💬 **Symptoms to Watch For:**

- Clear or yellowish **fluid leaking** from skin (especially around ankles/shins)
  - **Swelling, heaviness**, or tightness in the legs
  - **Redness**, warmth, or tenderness of the skin
  - **Fever, chills**, confusion, or fatigue
  - **Wounds that won't heal** or have pus
- 

📄 For more info, visit:  
[www.LipedemaDiva.com/Resources](http://www.LipedemaDiva.com/Resources)

♥ Created by: Cheryl Scoledge, Lipedema Advocate  
“**Take Control of YOUR Lipedema**” Facebook Group – 22,000+ members strong



### ⚠️ Why This Is Serious:

- Infection can **spread rapidly** under the skin
  - **Cellulitis** can lead to **sepsis**, hospitalization, or worse if untreated
  - People with **Lipedema/Lymphedema** are at **increased risk**
- 

### 📄 What to Do:

1. **Seek medical attention immediately** – go to urgent care or ER if necessary
  2. **Tell the provider** about known or suspected Lymphedema/Lipedema
  3. Request evaluation for **cellulitis** and potential **IV antibiotics**
  4. Ask about **wound care, compression, and infection prevention**
- 

### 🩺 To the Medical Provider:

This patient may have **undiagnosed or advanced Lymphedema** with suspected **cellulitis**. Please consider:

- CBC, CRP, and blood cultures if infection is suspected
  - Immediate antibiotics (oral or IV) based on severity
  - Compression therapy **only once infection is under control**
  - Referral to a **Lymphedema specialist** if available
- 

📄 For more info, visit:  
[www.LipedemaDiva.com/Resources](http://www.LipedemaDiva.com/Resources)

♥ Created by: Cheryl Scoledge, Lipedema Advocate  
“**Take Control of YOUR Lipedema**” Facebook Group – 22,000+ members strong